

### DAY 1:

#### Family Worship

- Get your Bibles out and read 1 Thessalonians 5:18 as a family.
- Life App: **Gratitude**  
**Gratitude is letting others know you see how they've helped you.**
- This week we are learning that you always have something to be thankful for.
- Now watch BC Kids at Home Worship Service [www.bearcreek.church/kids](http://www.bearcreek.church/kids)

### DAY 2:

#### Read 1 Thessalonians 5:18

Have you ever had a really bad day? A day where nothing seemed to go your way? We've all had days like that. But that doesn't mean we get a pass on gratitude. That's what this month is all about. Gratitude is letting others know you see how they've helped you. Our verse today reminds us that you ALWAYS have something to be grateful for. Ask your mom or dad for some duct tape or masking tape. Tear off a piece about six to eight inches long and fold it so the sticky sides are together. Write the words, Give thanks no matter what. Then fit it around your wrist to create a bracelet. **Every time you look at your bracelet this week, remember you always have something to be grateful for.**

### DAY 3:

#### What Can You Find?

It's time to go on a scavenger hunt! Take a few minutes to look around your house and find five things that you are most grateful for. Ask a parent if you can bring these items to dinner tonight and share why you are grateful for them.

**Look around you to see all that you have to be grateful for.**

### DAY 4:

#### Read 1 Chronicles 16:34

We always have something to be grateful for because God's love for us never changes. And it never ends. He is always good. He always loves. You can count on God to love you no matter what. Right now, start a "Gratitude List" for the month. Grab a piece of paper and fold it or divide it into fifths. Write weekly headings for each section. (ex. Week 1) Inside the Week 1 section at the top, write down five things or draw five simple pictures of things you are grateful for. **Keep your page with your Bible so you can add to it each week.**

### DAY 5:

#### My Grateful Tree

Ask an adult to go outside to help you find four small sticks and one larger stick to make your very own grateful tree. Once you have collected the sticks, find a piece of paper and glue them on the paper into the shape of a tree using the larger stick as the trunk and the four small sticks as branches. Above each branch, use a marker and write something that you are grateful for and put it somewhere you'll see it daily.

**Ask God to help you to always be grateful.**

**"Give thanks to the Lord,  
because he is good. His  
faithful love continues  
forever."**

**Psalm 136:1, NIV**